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Course	Course Contents
 <p data-bbox="147 1077 332 1107">Abrasive Wheels</p>	<p>This course is aimed at anyone who uses abrasive wheels or employs people who use abrasive wheels as part of their work.</p> <p>There are a wide range of tools and processes that use abrasive wheels and ensuring these are used correctly and safely is of paramount importance. Applications range from hand grinding to disc cutting. They can be used at all stages of a work process, for making preliminary cuts and scores in materials for fine polishing and finishing.</p> <p>Different wheels will have different properties and characteristics suitable for particular tasks. They have different weaknesses and can pose different risks and hazards in handling and use. For this reason it's important that you always select the right abrasive wheel for the job and use it with the right machinery.</p> <p>This course covers the anatomy of an abrasive wheel, the dangers associated with their use, Storage, handling and much more.</p>
 <p data-bbox="124 1589 354 1620">Asbestos Awareness</p>	<p>Asbestos is probably the most dangerous building material ever used. Every year thousands of people get ill and die because of exposure to asbestos and it was widely used by the construction industry right up until the year 2000.</p> <p>The Control of Asbestos Regulations (CAR) apply to employers, employees, self-employed persons, and duty holders and cover all work with asbestos containing materials. Regulation 10 of CAR states that every employer must ensure that adequate information, instruction and training is given to employees who are liable to be exposed to asbestos. This includes maintenance workers and others who may come into contact with or disturb asbestos.</p> <p>As well as informing candidates about the risks of working with asbestos, the course will deliver content to help them recognise asbestos containing materials, make them aware of where it was used, including the steps they can take to minimise the risks and discuss the legislation that applies to working with asbestos.</p>



Assessing Display Screen Equipment

Our display screen equipment courses are aimed at users of display screen equipment (DSE) and those responsible for assessing display screen equipment. A 'user' is anyone who regularly uses display screen equipment for a significant part of their normal work. In practice, if you use display screen equipment continuously for more than one hour a day, then you're a 'user'.

So, what do we mean by display screen equipment?

The first thing most people think of is a computer monitor. But that's not the only thing it refers to. Display screen equipment could also mean laptops, tablet PCs, televisions, smartphones, CNC control panels, portable diagnostic screens or equipment containing cathode ray tubes, or CRTs.

The Health and Safety (Display Screen Equipment) Regulations contain special directives covering DSE safety. Both employers and employee-users have responsibilities under the legislation.

This course fulfils your statutory training obligations and covers among other things, the correct way to set up and use your display screen equipment safely. Reducing the risk of work-related conditions.



Basic Fire Safety Awareness

Current legislation, The Regulatory Reform (Fire Safety) Order 2005, applies to all workplaces regardless of the number of employees and requires employers to provide adequate training in fire awareness to all members of their staff.

Our online fire safety training courses are aimed at all employees to assist them in identifying and reducing the risk that fire presents in the workplace.

This course will provide candidates with a general understanding of basic fire awareness including what should be done in the event of a fire, how to prevent a fire occurring and a basic introduction of the protocol of extinguishing a fire.

It is a cost-effective way for employers to fulfil their legal obligation to provide their employees with the necessary understanding of fire awareness.



Basic Legionella Management

Current legislation set out by the Health and Safety at Work Act along with the HSE's updated code of practice known as L8, state that companies and building owners have a legal duty to manage Legionella. Our interactive training course is aimed at all employers and staff to assist them in identifying the risks that Legionella poses, as well as covering ways to identify and assess sources of risk from Legionella on premises.

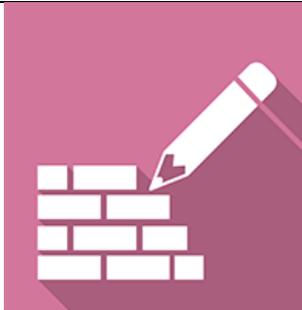
It also gives you enough knowledge to get a Legionella control programme off the ground yourself or to make confident, informed choices when commissioning others to take this on for you.

RoSPA Approved



Behavioural Safety

This course defines behavioural safety and explains the origins of the concept. It covers how it can be implemented in the workplace and some of the potential benefits. It includes analysis of some examples of 'at risk behaviours' and some examples of ways you can measure how well your organisation is doing when it comes to safety. Finally, it touches on some of the key laws regarding health and safety in the workplace and how to ensure positive workforce attitudes.



CDM Awareness

The Construction Design and Management Regulations cover the management of health, safety and welfare when carrying out construction projects. Whatever your role in the construction industry, these regulations are there to improve your health and safety.

They are intended to ensure that projects are planned and run effectively and safely right from the start.

This awareness course covers the core concepts of the regulations and details the various roles that are required for a construction project along with the key documents that need to be produced. It starts with an introduction to CDM, then covers some of the parameters that need to be checked when a project is being planned. It finishes by detailing a number of example projects that illustrate how the regulations can be applied.



Control of Substances Hazardous to Health (COSHH)

This course covers what you need to know about the Control of Substances Hazardous to Health (COSHH). It's aimed at anyone who is exposed to Substances Hazardous to Health at work, as well as line managers with responsibility for such people.

So, what do we mean by 'Substances Hazardous to Health'?

In legal terms, these are substances that are classified as "very toxic, toxic, harmful, corrosive or irritant" under the Classification, Labelling and Packaging Regulation (CLP). This was a new regulation that came into force in January 2009 dovetailing with a set of regulations called REACH. REACH is a European regulation concerning the Registration, Evaluation, Authorisation and Restriction of Chemicals, which came into force on 1st June 2007. One of the main aims of REACH is to provide a high level of protection for human health and the environment from the use of chemicals.



Display Screen Equipment Awareness

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The Health and Safety (Display Screen Equipment) Regulations contain special directives covering DSE safety. Both employers and employee-users have responsibilities under the legislation.

This course fulfils your statutory training obligations and covers among other things,,, the correct set up and use your display screen equipment safely. Reducing the risk of work-related conditions.



Electrical Safety

Electricity is the lifeblood of modern society, it enhances our quality of life and we are becoming increasingly reliant on it to power tools and devices we use for work and entertainment. However, although electricity has many benefits it can also be a hidden killer as it can't be seen, felt, smelled or heard until someone comes into contact with it.

This course will start by covering the many benefits electricity brings to society, as well as its key components voltage, current and resistance. It will explain the two main types of electricity, cover accident and death statistics, and describe a simple way of remembering the electrical hazards. It then goes on to provide basic instructions about how you could safely help someone you suspect has received an electric shock.

Towards the end of the course it includes an overview of the main standards, guidance and legislation that control the use of electricity in the workplace, and finish off by looking at simple maintenance plans and portable appliance testing including who within an organisation would be best to carry out the various checks.



Emergency First Aid at Work - Online Annual Refresher

What is Emergency First Aid? Well it's exactly that, the first aid to be offered if an incident occurs. For many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid can be as simple as sticking a plaster on a small cut.

But what if you did find yourself confronted with a more serious situation. This Emergency aid course will highlight some of the most common situations that you might come across and the actions that you should take to help.

In the most serious situations, a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the patient's chances of survival.



Fire Extinguisher

Current legislation, The Regulatory Reform (Fire Safety) Order 2005, applies to all workplaces regardless of the number of employees and requires employers to provide adequate training in fire awareness for all members of their staff.

Our online fire safety training courses are aimed at all employees to assist them in identifying and reducing the risk that fire presents in the workplace.

This course provides training in the use of different types of fire extinguishers and the protocol of action to take in the event of a fire.



Fire Marshal

Current legislation, The Regulatory Reform (Fire Safety) Order 2005, applies to all workplaces regardless of the number of employees and requires employers to provide adequate training in fire awareness to all members of their staff.

Our online fire safety training courses are aimed at all employees to assist them in identifying and reducing the risk that fire presents in the workplace.

Fire marshals (sometimes known as fire wardens) are civilians trained to assist in emergency fire evacuation procedures at businesses and other organizations. It is a legal obligation that workplaces must have a sufficient number of fire marshals to deal with fire emergencies. This course provides extensive knowledge of fire prevention, evacuation protocol and using fire extinguishers.



Introduction to Personal Safety for Lone Workers

Every day, thousands of people are exposed to situations where they are left alone in work premises when visiting members of the public during their working day. There are many risks associated with working in isolation and without the support of colleagues, including accidents and violence.

This course acts as an introduction to personal safety for lone workers and applies to those who work alone within business premises, mobile workers and homeworkers.

It covers the legal responsibilities of both employers and employees, some of the common security precautions that can be implemented, practical steps you can take to avoid conflict in lone worker situations and other elements that can contribute to lone worker safety.



Introduction to Risk Assessment

Risk assessment is a systematic method of looking at work activities and considering the things that could cause significant harm to people, property or the environment.

The most important purpose of risk assessments is to help prevent accidents and ensure the safety of employees and anyone affected by workplace activities. At the end of this course, candidates will have a good understanding of what a risk assessment is and how to complete one. To achieve this the course covers important terms, provide some basic background information to explain how important risk assessments are and discuss some of the legislation that applies. It will then go on to provide practical advice on how to identify hazards and analyse risk before finishing off by explaining the responsibilities of both employers and employees with regards to risk assessment.



Manual Handling

Manual handling, or to be accurate, incorrect manual handling, is one of the most common cause of injury at work. To try and combat manual handling problems, the Manual Handling Operations Regulations were introduced.

The Regulations lay out duties for both employees and employers. They give a general requirement that employees must be trained to manually handle correctly including the use of any equipment that their employer provides to handle loads safely.

This course outlines exactly what constitutes manual handling and covers the regulations and legislation that apply to manual handling tasks. It then goes on to cover safe handling techniques and how to develop good habits in relation to manual handling. It finishes off by introducing some practical solutions and the use of mechanical aids.

Training your employees with our online system will go a long way to giving them greater awareness of the dangers that poor manual handling poses, as well as covering safe handling techniques, practical solutions to manual handling issues and the use of mechanical aids.



Noise Awareness

Around 17,000 people in the UK suffer deafness, ringing in the ears or other ear conditions caused by excessive noise at work. However, this damage is preventable if the right steps are taken but once hearing has gone it will not come back.

This course starts by going into detail about how dangerous noise can be in the workplace, and the safety issues you should be aware of. It will take you through some of the simple science, the mathematics that apply and introduce you to noise level limits. It also covers some of the specific health risks associated with noise and how to avoid them by producing risk assessments, action plans and through the provision of appropriate Personal Protective Equipment. The course will conclude by examining how to provide information and instructions to employees, along with the most professional way to conduct workforce health surveillance.

IIRSM Approved



**Personal Protective
Equipment**

In the UK there are approximately 144 fatalities in the workplace and around 621,000 non-fatal injuries every year. Personal Protective Equipment (PPE) plays a vital role in managing Health & Safety risk. However, historical data shows many workers suffering injury were not wearing this clothing. This course will show how wearing PPE plays a crucial role in preventing and reducing fatalities, injuries and diseases that would otherwise occur in the workplace. It includes details of a wide range of PPE options, examines the legislation and regulations that govern the responsibilities of employers, employees and suppliers, and provides a real-life case study showing the law in action. The course will also cover risk assessment and the role it plays in the selection and use of PPE also discussing other hazard control measures that can be implemented. Finally, the course will move on to how to use, fit and wear PPE and understand its physical and theoretical limitations.

CPD Approved



Slips, Trips and Falls

Slips, trips and falls account for almost a third of non-fatal injuries at work. It is a widely held belief that with just a few minor changes to working practices and attitudes this could be reduced significantly. This course will introduce you to some of the statistics relating to slips, trips and falls and dispel some of the myths surrounding them. It also touches on the law as it relates to slips, trips and falls. It contains examples of where things have gone wrong and some practical steps that could have been taken to prevent these incidents. The course also covers some of the straightforward changes that can be implemented in most businesses to significantly reduce the risk of a slip, trip or fall incident occurring. The final module takes this to the next level and looks at it from a management perspective.



Working at Height

This course is aimed at anyone who undertakes work at height, or who employs people who regularly work at height.

The term work at height applies to a wide range of situations ranging from the obvious ones like working on platforms, ladders, scaffolds or stages to working alongside deep trenches. This is because the key thing to understand about work at height is that it's not how far you climb, but how far you can fall. It doesn't just mean people falling from heights. If materials or equipment fall, that will obviously present an equally dangerous hazard to anyone below.

All working at height situations are covered by health and safety legislation. Chief among these is the Work at Height Regulations 2005. These regulations confer legal duties on employers and employees to assess, control and minimise risks and hazards from work at height.

This course covers topics including the dangers of working at height, the regulations, the hierarchy of controls, assessing risk and much more.

It's vital to understand all this because as I'm sure you'll know, working at height can be extremely dangerous.



Working in Confined Spaces

At the end of this course you'll be able to demonstrate your understanding of the control measures followed when working in, or near to, confined spaces as detailed in a safe working procedure.

This course will cover the legislation associated with working in confined spaces. What counts as a confined space, the potential hazards, safe operating procedures, emergency procedures and rescue.

Important note: This is an awareness course only, designed for people who need to be aware of the hazards and risks of confined space working but are not required to enter a confined space. If you are required to perform any work activity in, or in the proximity of, a confined space then you will also need to have an 'approved' standard of practical training at the 'appropriate' level.



Working Safety

Working safely is in the interest and concern of all staff, both employers and employees. Health and safety is one of the few areas where the law places specific duties specifically on employees so a knowledge of where this applies and how to ensure that it is adhered to is vital to protect individuals and businesses. Most workers feel that accidents are something that only happens to other people. The reality is that many workers are coming to harm by not observing Health and Safety laws and not working to safe systems of work - the physical, mental and financial burden of these accidents can have a huge impact on themselves, their families and their colleagues.

The course covers a wide range of topics including fire safety, asbestos awareness, working at height, COSHH, PPE and electricity.

It also covers methods for improving safety performance and methods of protecting the environment.

ROSPA & IIRSM Approved



Workplace Health and Safety

This course covers general health and safety issues that apply to a wide range of types of businesses and sectors, from office and retail environments to workshops and factories. The wide range of topics covered makes this a great course to act as an introduction to health and safety in the workplace that can be built on with more detailed courses that cover specific hazards that employees might come into contact with within specific workplaces. This makes it a useful part of the induction process.

By the end of this course the candidate will have an understanding of health and safety legislation, definitions of common terms associated with health and safety. This is followed up with some statistics outlining the most common causes of accidents in the workplace. They will also understand good practice in relation to electricity, display screen equipment and the use of safe manual handling techniques. The course also introduces best practice associated with the control of substances hazardous to health, health and safety regulations, the importance of using appropriate PPE as instructed and the most common procedures to follow in the event of a fire.

The course contains specific case studies that outline the seriousness of health and safety in the workplace and potential consequences if there is a health and safety breach. Along with all this it introduces the concept of risk assessment and concludes with the actions that should be taken in the event of an emergency situation occurring.

IIRSM Approved



VIRTUAL LEARNING

Live pictures, animated graphics and the personality of the presenter form part of a very effective virtual learning environment.

BETTER COMMUNICATION

Video eLearning achieves better communication through the power of face-to-face eye contact that builds trust, triggers emotion and captures a memorable tone and style while communicating the essence of the learning content.

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